**Session 1: The Story**

**Intro (Background and History):**

Hi, I’m \_\_\_\_\_\_\_. Welcome to “Foundations: Words to Build a Life On.” Foundations matter. Every structure has a foundation. Before a single wall can be added, before the structure can be raised, the builders must lay the foundation. The truer the foundation, the stronger the structure will be. And so it is with our lives.

During the next 6 sessions we’ll consider some of the most important foundations of our Christian faith; words that form the truest of all foundations… words to build ***your*** life on.

In this first session, Pastor Michael will help us understand the framework for everything else to come in this study. This is God’s Big Story –His plan for His people throughout history and time… His plan for you and me.

**Outro:**

So here are a few things we talked about today:

God is our Foundation. He is the creator of the Universe and everything in it. And People, you and me, have a special place in God’s world and in His unfolding Story because each and every one of us is made in the image of God. From the beginning, We’ve struggled to see ourselves as part of God’s story, as His beautiful creation. Instead, many of us have relegated God to a character in our stories. But God remains faithful, and we remain a part of God’s Story because He sent His son to bear our sins. Yes God, through his son Jesus, has redeemed us and will come again to restore all things. Creation, Fall, Redemption, Restoration – That’s his story… and yours! A foundation to build your life on.

**Session 2: The Word**

**Intro:**

Hi everyone, welcome back!

Last session we talked about God’s Big Story, and His plan of redemption and restoration for all of creation. In this session, we’re going to take a look at God’s Word. When God speaks, something important always happens. God’s words are foundational; like a blueprint for life they give us identity, keep us in line, and point us to hope and a future.

In this session, Trevor helps us understand just how foundational God’s word is.

**Outro:**

So here are a few things we talked about today.

God is not detached and unknowable, He reveals himself to us in words and actions that we can understand. Spending time with God, in His word and in prayer, allows God to fill our everyday experiences and guide our lives. Through God’s words we learn about the laws of God, which help us live in peace and harmony with God and our neighbors. But most of all, we experience God’s saving Grace through His Word, through His Son Jesus Christ. “For no one can lay any foundation other than the one already laid, which is Jesus Christ.” ( 1 Cor 3:11). Those are definitely words to build a life on. We’ll see you next time…

**Session 3: The Gathering**

**Intro:**

Hi and welcome back…

How do you view your time? What is the high-point, the focus of your week? This session we’re looking at the weekly gathering of God’s people that we call Worship. For centuries God’s people have gathered together, every week, and the church has been built on this foundational practice of our faith. When God calls his people out of slavery, when he rescues us, it is for a Foundational purpose – to Worship God. Let’s join Pastor Tim as he takes us deeper into what a life of Worship really looks like.

**Outro:**

So here are a few things we talked about today.

Worship is foundational to the life of a Jesus follower – a disciple. It’s a recognition of who God is and how he works in the world and in our lives every week. Since the beginning of creation, God’s people have gathered each week, to receive his gifts of grace and to be molded as his people. You were created for this rhythm and it truly is a foundation to build a life on! See you next time…

**Session 4: The Water**

**Intro:**

Hi Everyone,

Water is one of the foundations of all life. Water nourishes and regenerates. It feeds and it cleanses. Do you ever stop to notice how everything looks and smells after a good rainstorm? It is like the world around us has found new life. In this session, Pastor Bob is going help us understand how water is also foundational to our new life in Jesus. How water and the word nourish, regenerate, and cleanse us in Baptism.

**Outro:**

So here are a few things to think about.

Cleansing with water is not new. Throughout history, People have used water to cleanse. And throughout the Old and New Testaments God has used water to cleanse His people. When God’s promises, God very words, are connected to his cleansing water in Baptism, lives are forever changed, forever cleansed. Baptism, The Water and The Word, is truly a foundation to build a life on. See you next time…

**Session 5: The Meal**

**Intro:**

Hey Everyone, Welcome back…

I truly hope this study of the Foundations of our faith has helped you and your group grow together in God’s powerful Word. In this session, we consider The Meal given to us by God, the Lord’s Supper. This Meal is a foundation to our connection with God and his people. It offers forgiveness, strength, comfort, and community. Pastor Zach (*Pastor Michael*) helps us understand why this Meal is a foundation to build our life on.

**Outro:**

Pastor Zach has shown us how important this Meal, the Lord’s supper, is to us. When God rescued Israel from slavery in Egypt, the Passover was commanded as a way of always remembering the significance of God’s saving work for them. Jesus rescued us from slavery to sin, and so the Passover meal came to fulfillment in Jesus and His Meal for us. Jesus connects to us a profound and mysterious way every time we share this meal of forgiveness together, truly a foundation to build your life on. We’ll see you next time…

**Session 6: The Mission**

**Intro:**

Hey Everyone,

We’re in the final session of our journey through Foundations: Words to Build a Life On. What does a life lived for Jesus look like? What does it mean for us to be part of God’s big story and be used by Him to bring redemption and restoration to the World? Pastor Nathan helps us consider the Mission God has called us into.

**Outro:**

I’ve really enjoyed our time together and the chance to return to the foundations of our faith. The Message paraphrase of the bible unpacks Jesus’ words in Matthew 7:24 this way, “These words I speak to you are not incidental additions to your life, homeowner improvements to your standard of living. They are foundational words, words to build a life on.” Foundational, not incidental, is the point. No house can be built on a shaky foundation. Jesus Christ is The Foundation… and His Story, His Word, His Gathering, His Water, His Meal and His Mission are the foundations of our faith and life together as His People. They are words to build a life on. Thanks for watching…